



B. I. News

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March, 1961

Urge Pre-Natal Psych. Support

The stresses of modern day living, coupled with changes and breakdown in the family structure, are suggested as factors contributing toward adverse emotional reactions to pregnancy by a group of psychiatrists doing research at the Hospital.

Dr. Grete L. Bibring, Psychiatrist-in-Chief and Clinical Professor of Psychiatry at Harvard Medical School is directing the studies.

The dangers of childbirth have been lessened by advances in modern medicine, Dr. Bibring explained, and the concern shown by society for the emotional problems of pregnancy has waned.

"We believe," she continued, "that all women show what look like far-reaching psychological changes while they are pregnant. The outcome of this emotional upheaval then has profound effects on the early mother-child relationship."

Dr. Bibring suggested that psychological care might well be offered on this supportive level by obstetricians, nurses and social workers as a part of pre-natal care programs, "to help find adequate ways of bringing psychological support in line with the achievements of today's obstetrics."

At BIH, all women who are patients at the Pre-Natal Clinic may be seen by a team consisting



Open House Attracts Future Nurses

Almost 50 eager students from 20 high schools braved hazardous highways to attend the Open House sponsored by our School of Nursing last month.

An afternoon of unusual interest was planned for the prospective nurses by Mrs. Virginia Johnsen, Associate Director of Nursing Education and members of the School faculty: Mrs. Edna Rymsha; Miss Marion Drew; Mrs. Helen Lipton; Mr. Ronald Nichols; Miss Florence Coslow; Mrs. Josephine Bazan, and Miss Dora E. Zolotin, Director of Nursing.

The visitors toured selected areas of the Hospital, and then gathered at Kirstein Hall Auditorium for a panel discussion entitled "What Type of Nursing Program Shall I Select?"

The students' individual questions pertaining to the discussion were carefully answered by the panelists.

of a psychiatrist, a psychologist and a social worker.

Others associated with the study are: Psychiatrists — Drs. Thomas F. Dwyer, Arthur Valenstein, Benjamin B. Brussel, Barbara C. Mueller, Malkah Tolpin Notman, Davida Rees, John

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Building and Renovation Begin Soon

The first phase of Beth Israel Hospital's expansion and renovation program has begun, Dr. Sidney S. Lee, General Director, reports.

"This is the beginning of several years of renovation. We are all going to have to work together until this job is done," Dr. Lee notes. He expressed the assurance that he knew he could "count on everyone to help in this endeavor."

He told the B.I. News that he anticipates actual construction work will begin late this spring.

Offices Are Moved

The first work to be done will be the addition of a fourth floor to the Yamins Research Building, and the remodeling of some of the laboratories.

Also, the installation of new transformer volts will provide electricity and power for the entire hospital and its expanded facilities.

"We have already begun to move some people in preparation for the beginning of construction," said Dr. Lee.

"There will be a lot more moving done before we are finished," he continued.

Keep Employees Informed

Dr. Lee said he "wanted to reassure everyone that the Hospital would do its best to minimize inconvenience caused by the construction."

In preparation for some of the remodeling that will take place, Miss Theodora M. Jay, Director of Personnel and Mr. Silas M. Wass, Director of House Services, have moved their offices to the basement of the South Building.

He noted that the B.I. News will be one of the media used to keep everyone informed on the latest developments and progress of the expansion and renovation program.

Art and Hobby Show Set for BIH April 11

All staff and employees are invited to share their talents and hobbies with their friends at the 1961 BIH Art and Hobby Show to be held in the hospital from April 11th to 18th.

Announcement of the event was made by Miss Theodora M. Jay, Director of Personnel. Miss Jeanette Harpel, Chief Technician, Clinical Laboratories, is chairman of the show.

The exhibit will feature original work only and will include paintings, photographs, models, ceramics, etc.

For information regarding the exhibit and qualifications for entries call Miss Harpel, Ext. 504.

All entries must be submitted by March 31st.

Rabbi Herbert I. Simckes Welcomed as New Chaplain



Rabbi Simckes
Mr. Rudolph H. Wyner, President. Rabbi Simckes is the spiritual leader of Congregation Had-ruth Israel in Dorchester, and his duties at Beth Israel will be in addition to his congregational tasks.

Rabbi Herbert I. Simckes of Mat-tapan is the new Jewish Chaplain at Beth Israel, it was an-nounced by

Most recently, he was Jewish Chaplain at the New England Deaconess Hospital. He is rotat-ing positions with Rabbi Gold, who has been Chaplain at Beth Israel for several years.

A student of Latin and Greek classics, the Rabbi was ordained at Yeshiva University in New York. He has lectured at Pine Hill Divinity College in Nova Scotia and had his own radio program, "The Voice of the Scriptures" on WESX, Salem, for three years.

BIH An Integral Part of Harvard Medical School

(This is the first in a series of articles about the educational institutions with which Beth Israel Hospital is affiliated. Tufts Medical School will be featured in the May Issue.)

Thirty-three years ago, Beth Israel Hospital opened its doors on the present Brookline Avenue site, and immediately established an affiliation with Harvard Medical School, adjacent to the Hospital's location.

This step was taken because the Hospital Trustees and Staff recognized the importance of what Dr. George Packer Berry, Dean of the Faculty of Medicine at Harvard University has called "the indispensable triad of patient care, teaching and research . . . and the conviction that only in this way can the best kind of medical care be given."

1500 Students Since 1928

Since 1928, therefore, more than 1500 Harvard Medical students have received part of their training at Beth Israel Hospital. More than 4,000 doctors and scientists who have studied at HMS have worked at the Hospital. Furthermore, 15% of the full-time teachers of medicine in the nation have been graduated from HMS. Many of these have had an association with Beth Israel Hospital.

In the relationship between

the associated teaching hospitals and the Harvard Medical School, the Chiefs of Service are jointly appointed by the School and the Board of Trustees of each hospital.

Individual hospitals make available a number of teaching beds for Harvard students. At Beth Israel Hospital more than 100 beds are available for this purpose.

Students On Wards

Each of the affiliated teaching hospitals shares the responsibility for the orientation of first-year medical students. For many years, Dr. Herrman L. Blumgart, Physician-in-Chief of BIH and Professor of Medicine at Harvard Medical School, has given the first address to the incoming HMS freshmen at Beth Israel.

Students begin assignments in the hospitals in the second half of their second year at the Medical School.

At any one time during the year, there are between 9 and 10 fourth year students on the wards. Throughout the year, there are 16 third year students on the medical and surgical services, and 16 to 20 second year students observing and learning to take case histories.

A large number of Harvard graduates return to Beth Israel for post-graduate study.

BIH physicians who teach at HMS lecture at the Hospital, other hospitals and at the Medical School.

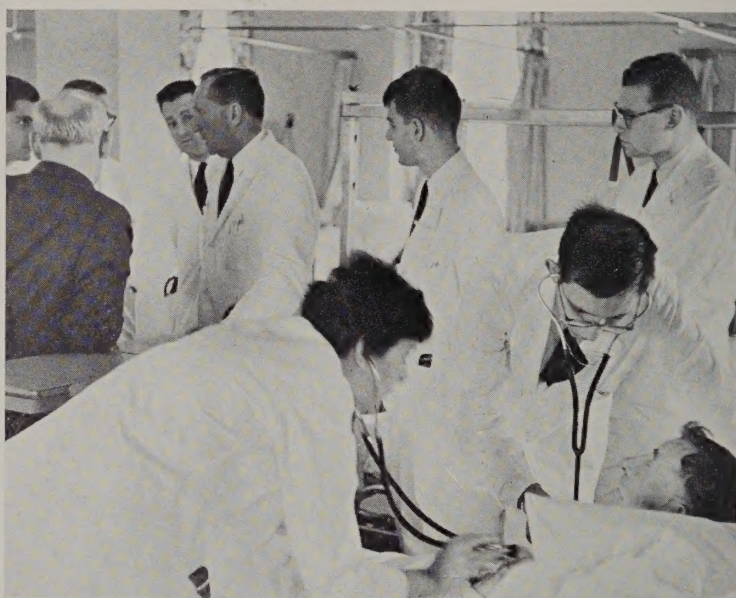
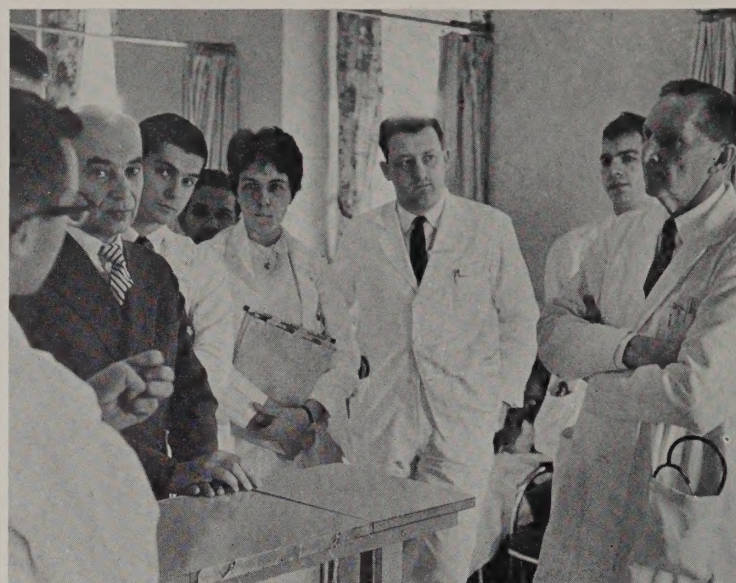
Students on the medical service are supervised by Dr. Blumgart, the visiting staff and the chief residents.

Dr. Jacob Fine, Surgeon-in-Chief and Professor of Surgery at HMS, directs students on the surgical service, assisted by the visiting staff and residents.

Outline of Programs

On the medical service, third year students work on a tutorial basis. Each is assigned a patient in the clinic for history and examination. They then present their findings to an instructor who reviews them with the student.

Fourth year students are clinical clerks. They are assigned to a ward and have patients whom they "work up" — clinical history, physical examination, and recommendation for treatment — for the visiting physician. They serve in a similar capacity to the intern except that they are always under the supervision of a resident. They



Top: Dr. Herrman L. Blumgart, Physician-in-Chief at BIH and Professor of Medicine at HMS (far right) listens as a student poses a question during Ward Rounds. Interns and residents listen attentively.

Bottom: An intern (left) and an HMS student examine a patient together as Dr. Blumgart discusses the case with other students, interns, residents and visitor, Dr. Mordechai Toor of Israel (back to camera).

BIH Mourns Myer Riesman

The Hospital mourns the loss of Myer Riesman on February 12th. He served as a Trustee for 10 years.

Speaking for the Hospital, Mr. Rudolph H. Wyner, President, paid warm tribute to Mr. Riesman. "He brought to the problems of our Board of Trustees wise counsel, but he also brought friendliness and sincerity, and sometimes when it helped the most, good-natured humor to boost our spirits. We are all going to miss him very much," Mr. Wyner said.

The late Mr. Riesman and his brother Joseph G. Riesman, who is a Vice President of the Hospital, established the Riesman Dental Clinic at B.I.H.

Mr. Riesman is survived by his wife, two daughters, his brother and five sisters.

Attention Thespians! Show Slated For June

The Beth Israel Hospital Variety Show has been tentatively scheduled for the first week in June.

Tryouts will be held in May. Watch for an announcement of dates via payroll flyers.

Committee members are: Marion Oliver, Fiscal Services; Sylvia Bailet, Nursing; Robert Morgan, Clinical Services; Libby Aronofsky, Dietary; Karen Hubert, Yamins; and Josephine Sweeney, OPD.

Jeanette Harpel, Chief Technician, Clinical Laboratories, is Chairman of the event.

also attend several classes a week in various disciplines.

Second year surgical students are taught how to take a history and examine the patient. More advanced students assist in the operating room with patients they have studied and observe all varieties of surgical procedures. They also are trained in anesthesia, in the treatment of surgical emergencies in the Emergency Ward, and are given instruction in surgical technique in the Animal Laboratory.

Third and 4th year students in Surgery help in the care of outpatients and inpatients on the Wards. They work under the supervision of the Surgical Staff, they attend clinical conferences and staff meetings and receive a certain amount of didactic instruction.

Clinical Services Division Coordinates Patient Care, Teaching, Research

LPN Important To Health Team

Each member of the Beth Israel Hospital health team plays a very vital role in the care of the patient.

This health team consists of the doctor, the nurse, the dietitian, the social worker, the licensed practical nurse, and many others who contribute to caring for a patient.

"The Licensed Practical Nurse is a significant member of the health team at Beth Israel Hospital," said Miss Dora E. Zolotin, Director of Nursing.

She works under the supervision of a registered nurse in all areas of the hospital and with all kinds of patients. Her scope is very broad, and her duties encompass the simple as well as the complex procedures necessary to the care of patients, Miss Zolotin explained.

There are two categories of practical nurses — graduate L.P.N.'s who have attended an accredited school for practical nursing, and L.P.N.'s who have been licensed by waiver of the Commonwealth of Massachusetts. The latter have received on-the-job experience, and have passed a qualifying examination.

Insignia have been added to the uniform of the practical nurse here at BIH. You can recognize her by the badge on her sleeve — red indicating a graduate L.P.N. and gray the waiver L.P.N.

Dress Rehearsal

'Tis rumored that the cashier's till
Bespeaks of appetites revived
Since our cafeteria
Has had new paint applied.
Cheery conversation
Daily lauds the brighter hue
And all are thoroughly amazed
T'was done with nary a to-do.
So now that we know what it's like
Mr. Wass feels more secure
That he'll have our complete cooperation
For the future transformation.

The Division of Clinical Services is responsible for the administrative coordination of the patient care, research and teaching programs of the Hospital. The Clinical Services Division is comprised of the seven major services, Medicine, Obstetrics, Pathology, Pediatrics, Psychiatry, Radiology and Surgery; and the following departments: Ambulatory Services, Home Care, Medical Care Studies Unit, Medical Records, Pharmacy and Social Service.



Dr. Martin D. Keller

Dr. Martin D. Keller serves as Director of Clinical Services. Mr. Robert Morgan is Administrative Assistant and Miss Anita K. Woo is Executive Secretary. Describing the functions of the Division, Dr. Keller said, "Basically, the Clinical Services Division coordinates the efforts of the Hospital to provide a network of skills and services which surround the patient with the best possible care."

The Division works with the Chiefs of Service to insure a smooth transition from the old to the new House Staff each July and serves as a center for communication between House Officers and the Hospital Administration throughout the year.

Statistics Keep Rising

A brief look at significant service statistics for 1960 reveals the tremendous scope of this Division.

- more than 35,000 patients served
- 14,702 patients admitted
- 13,522 Emergency Ward patients
- 58,134 Outpatient visits
- a total of 119,543 patient days
- 2,643 babies born (more than 25,000 in ten years)
- 5,530 operations
- 20,027 x-ray cases
- 231,712 laboratory tests
- 140,777 prescriptions filled (approximately)



Mr. Morgan

Miss Woo

Major research is being done in such fields as cancer chemotherapy, medical and surgical cardiology with special emphasis on arteriosclerotic diseases, hematology, diabetes, endocrinology, psychiatry and others.

Teaching programs at BIH attract students from all over the world. More than 1200 students receive all or part of their training at the Hospital each year.

"These efforts require the close cooperation of many people who work to insure the greatest benefit to patients from the intellect and facilities of the Hospital," Dr. Keller explained. "We are constantly striving to maintain the vitality and steady growth that has marked Beth Israel's tradition of achievement."

NEW PUBLICATIONS WELCOMED AT B.I.

Employees and patients alike have been treated to a new look at Beth Israel Hospital with the publication this month of two new guidebooks: the employees' handbook and a "Patient's Guide to Beth Israel Hospital."

A cooperative effort of Miss Theodora M. Jay and Mr. Louis Stein, the handbook, entitled "Working Together At Beth Israel Hospital", will be received by employees at their homes by the end of this month. Miss Jay commented on the adaptability of this brochure for employee orientation.

The "Patient's Guide to Beth Israel Hospital", a concise package of pertinent information, will be welcomed by our patients, says Rose Blayman, Head of our Admitting Office.

Comments on both brochures from various hospital administrators throughout the country range from "a great opus" to "may I plagiarize?"

These are the first of a series of guidebooks and manuals outlining various aspects of Hospital functions.

Profile of A Trustee

Henry Penn will celebrate his 84th birthday this month. He also celebrates his 50th anniversary this year as a Trustee of Beth Israel Hospital.

Mr. Penn served on the first Board of the Beth Israel Hospital Association which was formed in 1911, and has been a Trustee ever since. He was named an Honorary Trustee for Life in 1944.

He also became a Director of Mount Sinai Hospital in Roxbury, the forerunner of B.I.H. fifty years ago. "I was always interested in things connected with the Jewish faith and I am still," he notes.



Mr. Henry Penn

The originator of the expression "Say It With Flowers," he was born in the North End of Boston on March 27, 1877.

Mr. Penn, proprietor of Penn the Florist, Inc., has been called "one of the last of the pioneers of the Boston Community."

He originated an award given by the Jewish Advocate to outstanding men and women of the community 25 years ago. Women receive a rose, men are given a carnation. This is the oldest award of its kind and is given weekly. Mr. Joseph Weisberg, Co-Publisher of the *Advocate*, says it began before Walter Winchell's orchid.

He walks to his flower shop at 98 Tremont Street from his residence at the Hotel Kenmore every day except in stormy weather.

The jovial and modest philanthropist plays nine holes of golf a day in season. "I don't want to overdo it," he explains.

Urge Pre-Natal Psych. Support

(Continued from Page 1)

Reichard, Joae Graham Selzer, and Dr. Howard H. Hermann, psychiatrist in the pilot study.

Also associated were psychologists Dorothy S. Huntington, Norman Goldstein, Bernard Levine, and Margaret Meiss, as well as social worker Sophie Glebow, Dr. S. Norman Sherry, pediatrician and Dr. Olga Werner, medical gynecologist.

MEET THE FAMILY . . .

(This month, Meet the Family features the two Chief Residents on the medical service — Drs. Lawrence Baker and Edward J. Hershgold.

In the May issue, we will feature Chief Residents in Surgery, Drs. Ned Better and Harold Greenberg.)



Dr. Lawrence Baker

To Specialize In Internal Medicine

Born and educated in Boston, Dr. Lawrence Baker, after 3 years of training at Beth Israel Hospital, is truly part of the BIH family.

Dr. Baker was graduated from the Harvard School of Dental Medicine in 1954 and received his M.D. from Harvard Medical School in 1956.

Following his Internship in medicine at BIH (1956-1957), he served as a Captain in the U.S. Army Medical Corps for two years.

He attended Boston University's College of Liberal Arts and worked his way through college, medical and dental schools. A talented pianist and musician, he organized his own band and played at dances and at resorts in New Hampshire during the summers. He also taught music and tutored in mathematics.

Dr. Baker served as Assistant Resident on the BIH medical service during 1959-60. In July, 1960, he assumed his duties as Chief Resident in Medicine.

Enjoys Title of Dad

His specialty will be internal medicine, with a special interest in kidney diseases. He plans to spend 1961-62 at Boston Veterans Hospital working with Dr. Maurice Strauss, as resident in renal metabolic and endocrine disorders.

Dr. Baker and his wife, Phyllis, enjoy the antics of their year-old son, Jonathan Scot. They are awaiting the birth of a second child next month.

Music is still Dr. Baker's great hobby. He also enjoys reading current fiction and non-fiction.

Researcher In Space Medicine

Dr. Edward J. Hershgold has always looked toward the field of medical research.

"The interest has been constant," he reports, "since I was a high school student."

His future plans are to go into academic medicine — teaching and research.

Born in Newark, N.J., Dr. Hershgold now calls California his home state. He received a B.S. in Biology from Franklin and Marshall College (Pa.) in 1951 and his M.D. from Leland Stanford University School of Medicine in 1955. He is a member of Phi Beta Kappa and Alpha Omega Alpha (Honorary Medical Fraternity).

Unusual Space Adventure

In November, 1956, he embarked on an unusual adventure in the U.S. Air Force. Dr. Hersh-



Dr. Edward J. Hershgold

gold served as Chief Medical Officer and Research Internist for the Human Centrifuge, Acceleration Section, Aerospace Medical Laboratory.

He set up research programs in the physiology of acceleration (space medicine) and served as a volunteer on the Centrifuge.

In June, 1959, Dr. Hershgold came to BIH as an Assistant Resident in Medicine and was appointed Chief Resident for 1960-61.

He was married in January, 1957. He and his wife, Arlene, welcomed their first-born, David Alan, on November 19, 1960.

Dr. Hershgold will embark on a research program in aspects of plasma protein metabolism in July.

His current hobbies are photography and bridge and a growing chamber music collection.

What's Going On?

Clinical Services

ANITA WOO, Reporter

Dr. S. Richard Muellner, Visiting Urologist, addressed the Pediatric Staff Conference at Queens Hospital Center, New York February 21st on the subject of Enuresis.

Mrs. Arlene Weintraub, formerly volunteer in Social Service, is now Administrative Assistant in Home Care replacing Mrs. Ina Burstein. Miss Judy Lovel is the new nurse.

House Staff

Welcome to Dr. Abdel Aziz Marzouk, AR in Obstetrics, and his lovely wife and two sons. He came to BIH in January.

Dr. and Mrs. John Bennett (Asst. Res. Medicine) announce the birth of Elizabeth Ann on January 20th.

Dr. H. Richard Nesson (Asst. Res. Medicine) and his wife, Lois (former nurse, Home Care), welcomed their first-born son on January 31st.

Dr. and Mrs. F. Beltran (Asst. Res. Urology) welcomed Marie Rita on February 13th.

Medical Care Studies Unit

Ruth Miller was married to Kenneth Goodman (son of Mrs. Phyllis Goodman, secretary, Psychiatry) on February 19th.

Pharmacy

Welcome back to Martin Carpe, O.P.D. pharmacist.

Social Service

Mrs. Beatrice Phillips, Director of Social Service, attended the International Conference of Social Work, held in Rome . . . Mary Palmer, Supervisor, Psychiatric Social Work Unit, is continuing as editor of the Newsletter of the Eastern Mass. Chap-

ter, National Association of social Workers . . . Gertrude Ingall, Supervisor, Medical-Surgical Social Work, is serving as a member of the Executive Committee of the Medical Social Section of this organization . . .

Admitting Office

Mrs. Brenda Less, formerly Brenda Weinstein of Pathology, has replaced Sheila Freedman as Admitting Secretary . . . Miss Freedman has been promoted to the position of Admitting Officer.

Clinical Pathology

BARBARA GHELFI, Reporter

Mr. and Mrs. Murray Golub (Clinical Chemist) welcomed Ann Cynthia on December 23, 1960 . . . Vivian Lapides (Bacteriology Technician) was married to Alan August February 4th.

Personnel

Miss Ruth Barry, Class of '61, Radcliffe College, has joined the Personnel Division as the first student of the Harvard-Radcliffe Graduate Program in Administration to be placed at BIH. She will spend six weeks in the Division participating in its activities.

Development Office

Mrs. Shalmir Chatfield has joined the staff as administrative assistant to Mr. Morris Stern.

Nursing

SYLVIA BAILET, Reporter

Helen Doucette participated in a Central Service Institute and explained how the Dressing Service operates at BIH . . . Jane Blackburn and Sylvia Bailet attended the regional section conference of the American Nurses Association in NYC on "The Improvement of Nursing Practice" . . . Welcome back to Eliza Brillard who had been ill.

BETH ISRAEL NEWS

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